



50 years

St. Monica's Senior Living

Celebrating a blessed heritage



ISSUE NO. 66
SUMMER
AUGUST 2022



3920 N. Green Bay Rd
Racine, WI 53404



Thursday, September 15, 2022
Meadowbrook Country Club
12:00pm Shotgun Start
SCRAMBLE FORMAT

For more information, please contact
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dpetit@stmonicasseniorking.com

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www.StMonicasSeniorLiving.com

THE Community MONITOR

WHAT'S COOKING IN THE KITCHEN?

As you all may know, we do still have our special helper, Robby the robot. Things are going very well and Robby has helped improve the efficiency of getting meals out quicker. He has also allowed the kitchen staff more one-on-one time with the community members.



The kitchen will be providing special meals once a month from local restaurants in our area. Prepare your plates for Culver's, Infusino's, Kewpees, and many more! This month on Wednesday, August 10th, for lunch we will be having pizza, wine, and a special dessert delivered from Infusino's.



St. Monica's has started their very own Food Committee! Meet with our Dietary managers, Julie and Virginia, and feel free to express your input about kitchen service and meal ideas. Please join us on the third Monday of each month at 9:00 am in the Poppy Room.



LIFE ENGAGEMENT MONTH

August is National Life Engagement month. We truly appreciate our girls on the Life Engagement team here at St. Monica's!



Life engagement means developing and maintaining a strong quality of life: mentally emotionally, socially, physically, and spiritually. To meet the needs of our community members here at St. Monica's, we are developing a new HEART program. Where the program is community member driven, and focused on person centered care.

**Healing, Hearing
Exercise, Empathy
Art, Activities
Reminiscence, Reading
Therapeutic touch, taste**

Core Value Award



Dee Dalton

Commitment: Dee has proven to be a reliable employee that continues to show up and uphold St. Monica's values.

How long have you worked for St. Monica's?

"I started working here as a hospice employee in 2019. I was hired as a caregiver for St. Monica's in 2021."

What do you like to do in your spare time?

"I love to go shopping and spend time with my grandchildren."

What do you like most about working at St. Monica's?

"Caring for the community members and working with my co-workers."

What are some things on your bucket list?

"I really want to go visit the Island Punta Cana."

Community Member of the Month

Family:

1 son, Kurt, 1 Daughter, Kathy,
1 sister, Jeanette Mason

Early Years & Hobbies:

Shirley used to enjoy doing a lot of knitting, crocheting and sewing. She also liked to get together with friends and play cards on the weekends.

Former Career:

Shirley was a stay at home mom. She graduated from St. Catherine's High School in 1954, where she met her husband, Donald Schlichting.

Fondest Memory :

"We used to stay up in Green Bay with my brother in law. Jeanette and I would go out gambling with our husbands. We always had a lot of fun together."



Shirley Schlichting

What's Happening?



State Fair Week!

Save the Date

10TH Annual St. Monica's Golf Outing & Dinner

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FOR A GREAT EXPERIENCE
RACINE

Thursday, September 15, 2022
Meadowbrook Country Club

State Fair Week

August 15th - August 19th

St. Monica's Life Engagement team will be hosting a week filled with music, food, games, ponies, and FUN!

Make sure to check your calendar for daily activities.

Family Exercise Class!

Wednesday, August 3rd at 6:00 pm in the Party Room.

Please join us as Kelly Bardosy, PT, leads an exercise class for community members and families. We will be working on strengthening, stretching and balance. Kelly will also be sharing some fall prevention strategies to maximize safety and independence. Arise PT Open House with refreshments to follow.



Special outings this month (sign up only)

- Picnic at The Quarry: Wednesday, August 10th at 10:30 am
- Douglas Diner: Friday, August 12th at 9:30 am
- Target: Friday, August 19th at 9:30 am
- Milwaukee Domes: Wednesday, August 24th at 10:30 am

OAK LANE

NEWSLETTER



Rockin' out in our new rocking chairs!

Pictured on the right are Carol and Bea, enjoying some outdoor time in Oak Lane's new rocking chairs. According to a study done by the University of Rochester, School of Nursing, rocking chairs may be more beneficial than they appear. "The study suggested that the mild exercise of rocking may release endorphins and improve mood, as well as reduce pain." So, keep rockin' ladies!



Cookout with our Oak Lane pals

We took advantage of the beautiful weather and fired up our grill in Oak Lane. Our community members enjoyed some hot dogs, pasta salad, watermelon, and cake. YUM!



Know Your Rights

Right to physical and emotional privacy in treatment, living arrangements, and caring for personal needs, including but not limited to privacy for visits, health care privacy, and confidentiality of health and personal records. Right to private and unrestricted visits with any person of choice. Right to share a room with any person of choice, as long as both agree to the arrangement.

August Birthdays

Onetha Ousley 3rd (S)
 Ronald Edwards 6th (S)
 Isabella Perez 7th (S)
 Maria Faz 9th (S)
 Lisa Stedman 9th (S)
 Marcella Mikaelian 9th (CM)
 Jada Campbell 10th (S)
 Anne Bodeau 13th (S)
 Jose Barreto 14th (S)
 Martha Piery 14th (CM)
 Elizabeth Johnson 16th (CM)
 Pamela Hargrove 18th (S)
 Theresa Barreto 19th (S)
 Salma Rubio 19th (S)
 Lea Hansen 19th (CM)
 Kelly Bardosy 21st (S)
 Kathleen Cuccio 22nd (CM)
 Frank Vidian 23rd (CM)
 Dixie Neider 24th (CM)
 Harold Johnson 25th (CM)
 Irene Woodward 25th (CM)
 Latoya Dawkins-Scales 28th (S)
 Sr. Joseph Marie 28th (CM)
 Marilyn Murrack 28th (CM)
 Hildegard Madahgian 31st (CM)
 Jacqueline Williamson 31st (CM)

Staff Anniversaries

Nicole Overstreet 10 years
 Tymeika Bolden 4 years
 Dolores Lochowitz 4 years
 Karen De La Cruz-Ramirez 3 years
 Elizabeth Manns 3 years
 Sydney Brewer 3 years
 Rondaija Perry 3 years
 Lisa Stedman 1 year
 Salma Rubio 1 Year



word search
Summer

K	S	A	N	D	A	L	S	F	M	U	K	T	Q
X	U	T	I	T	X	H	O	T	L	K	W	R	N
V	N	C	C	A	M	P	F	I	R	E	I	A	S
P	G	P	E	M	P	N	E	Z	P	C	K	V	D
R	L	R	C	B	Q	P	S	K	H	A	T	E	H
N	A	J	R	M	E	S	C	M	U	B	R	L	A
A	S	Y	E	A	N	L	S	H	E	L	L	K	J
P	S	P	A	W	L	I	C	A	J	F	C	S	K
O	E	I	M	A	C	A	M	P	I	N	G	U	F
O	S	C	B	D	U	R	O	J	Y	X	O	N	H
L	F	N	J	L	X	N	B	D	M	F	B	O	K
Y	L	I	A	A	T	V	A	C	A	T	I	O	N
N	M	C	Z	K	B	E	A	C	H	T	D	N	E
G	Y	L	R	D	I	S	B	M	P	K	A	S	G



TRAVEL	SUN	CAMPING	HOT
POOL	PICNIC	SANDALS	SUNGLASSES
HAT	BALL	PARK	ICE CREAM
BEACH	VACATION	CAMPFIRE	SHELL



Useful Information

Website: www.stmonicasseniorliving.com
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