

Know Your Rights

As a community member living at St. Monica's you have rights that are protected by the Wisconsin Department of Health and Human Services. This corner will highlight one of your rights each month. The full list was given to you upon moving in to St. Monica's. If you ever feel that any of your rights have been violated, please report this to administration as soon as possible. You have the right to the following:

To have medical and other records kept confidential except as otherwise provided by law.



Birthdays

- 5th Tymeika Bolden (S)
 - 6th Mary Armstrong (S)
 - 7th Brittaney Bertermann (S)
 - 8th Marvin Wilson (S)
 - 10th Mary Ann Kaplan (CM)
 - 16th Joan Moebius (CM)
 - 19th Evelyn Imhoff (CM)
 - 20th Charisse English (S)
 - 20th Liliana Ventura (S)
 - 21st Janet Geisner (CM)
 - 22nd Joseph Holbus (CM)
 - 22nd Peter Boscha (CM)
 - 22nd Eileen Weigel (CM)
 - 23rd Tamra Watkins (S)
 - 24th Felecia Mable-Wade (S)
- (CM) = Community Member (S) = Staff

Staff Anniversaries

- Debra Mulder 8 years
- Sr. Vineeta 4 years
- Susan Croak 3 years
- Coretta Collins 3 years
- Debra Monroe 2 years
- Christine Jacobs 2 years
- Nancy Venegas 1 year
- Addrin Brown 1 year
- Nicole Zetina 1 year



A Valentine's Day

Wordsearch

D	E	R	K	I	S	S	E	S
C	U	P	I	D	R	E	T	T
O	R	A	F	N	R	O	R	C
E	E	D	L	A	I	A	A	R
L	E	F	O	A	E	N	O	C
O	H	K	W	H	D	S	X	A
V	U	N	E	Y	E	O	N	R
E	G	I	R	S	X	O	N	D
S	S	P	S	O	I	T	E	L

CANDY	HEART	PINK
CARD	HUGS	RED
CUPID	KISSES	ROSES
FLOWERS	LOVE	XOXO

Useful Information

Website: www.stmonicasseniorliving.com

Facebook: [@stmonicasseniorliving](https://www.facebook.com/stmonicasseniorliving)

Twitter: [@stmonicasliving](https://twitter.com/stmonicasliving)

Subscribe: info@stmonicasseniorliving.com

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Covid-19 Hotline: 262-383-3303



THE Community MONITOR

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Since 1967, every U.S. president has officially designated the month of February as Black History Month. The entire month is a celebration of achievements

by African Americans and a time for recognizing their central role in U.S. history. It has become a national holiday all around the world. Here are just a few of the excellent people that made history. **Bessie Coleman** was the first African American woman pilot. Her goal was to encourage African Americans & women to reach their dreams. **Fritz Pollard** was an African American football player and coach. He was the first African American head coach in the NFL. **Mae Jemison** was the first African American woman to be admitted into NASA space training. **Frederick McKinley Jones** was a self taught engineer that invented refrigerated truck systems. Please join us as we devote the month of February to celebrating and recognizing Black excellence around the world and within our community.



Proud NAACP Supporter

Barb Tracy, a fellow community member living at St. Monica's, was a part of the NAACP organization which stands for National Association for the Advancement Of Colored People. She marched in support of the equal rights movement in Racine, Milwaukee, and Washington D.C. "Knowing what was going on and seeing the horror and the treatment of people there was no justice. I needed to make a statement. I'm not trying to get any credit for anything. I didn't do anything special, I was simply an ally prepared to march for what was right!" - Barb Tracy



VOLUNTEER OF THE MONTH



Tom Leuenberger

Tom is a St. Monica's board member and has been a dedicated volunteer for the past 3 years. He worked at Nelson Electric for 37 years and just retired a short time ago. Tom has been married to his beautiful wife JoAnn for 38 years. Together they have 2 sons and 2 daughters. He looks forward to spoiling grandchildren in the future. In his free time, he enjoys traveling to Central Florida where Disney World is his favorite spot. Tom always wanted to drive a Disney bus when he retired, as he resides in Wisconsin, it seems impractical to work for Disney. The next best thing is driving for St. Monica's. "Just as Disney promotes itself as the happiest place on earth, it is my goal to make our local bus trips safe, fun and interesting so that I might contribute to making St. Monica's the happiest senior living community in Wisconsin!"



HERO WITH Lisa Stedman, Dining Services



HOW LONG HAVE YOU WORKED FOR ST. MONICA'S?

5 months, and I really enjoy it!

WHAT DO YOU LIKE TO DO IN YOUR SPARE TIME?

I enjoy spending time with my 3 grandkids, baking, and crafting.

PRIOR TO WORKING AT ST. MONICA'S, WHAT WAS YOUR MOST INTERESTING/FUN JOB?

I was a caregiver for 16 years. I enjoyed the personal connection I had with my community members.

WHAT DO YOU LIKE MOST ABOUT WORKING AT ST. MONICA'S?

The friendly atmosphere that is so inviting.

WHAT ARE SOME THINGS ON YOUR BUCKET LIST?

I would love to visit Alaska some day.

WHERE DO YOU SEE YOURSELF IN FIVE YEARS?

I will still be having fun, working here at St. Monica's!

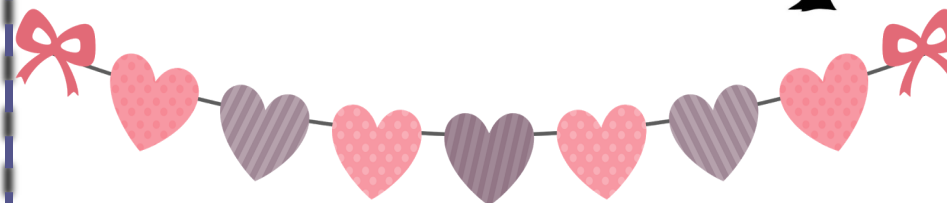
A Valentine Prayer

I said a Valentine prayer for you
and asked the Lord above
to fill your heart and bless your soul

With the precious gift of love.
I asked Him for a sincere love
The kind that's meant to stay
Just like the generous love
You give to those you touch each day.

I prayed for love from family
And from every cherished friend
Then I asked the Lord to give you
His love knows no end.

Oak Lane News: Importance of Touch



Touch is so important to us as human beings. It gives us a sense of belonging. It's one of the first senses to develop in a human and is the most emotional sense in our lives. Throughout a human's lifespan, physical interaction only becomes more essential. These interactions can greatly improve a seniors' quality of life as this sense is one of the most important to our well-being. Whether it's a gentle hand massage or a pat on the back, touch helps calm any anxious feelings one is experiencing and makes them feel loved and safe. Seniors seek this emotional touch. Touch that conveys warmth, concern, security, encouragement, and comfort. Seniors living in long-term care are among the most vulnerable, particularly those living with dementia. Seniors with dementia can especially benefit from touch. Most of the 'touch' they receive is from caregivers carrying out personal care assistance. Physical connections with seniors communicates love and compassion at a level where words can only scratch the surface.



Featured Community Members



Frank & Alice Vidian

Frank and Alice have been married for 59 years. Together they have a wonderful son named Armen.

Former Careers:

Alice was a stay at home mom, who also played the organ at church.

Frank worked at Johnson Financial Bank for 27 years, as a business developer and commercial lender.

Early Years & Hobbies:

They were members of the Meadowbrook Country Club where they loved to play golf and tennis. They also enjoyed traveling to see their son in California.

Fondest Memory:

"We used to walk down Lakeshore Drive every day. One day we met a young couple, he told me he was very sick. I asked if I could do anything and he said, 'you already did! You got me the best lawyer in town!' He remembered me from the bank."

