

#### SELF CARE SERVICES OFFERED

**Dr. Isaac Trejo**, is a Podiatrist, and he has been coming to St. Monica's for over 10 years now. He visits every 9 weeks. He accepts most insurance policies. If you have any questions or would like to be seen by Dr. Trejo, please talk to Katia or Bernice to make your appointment.



**St. Monica's Beauty Shop -** Come say "hi" to Heidi in the Beauty Shop. Heidi has worked at St. Monica's for over 21 years. She does everything from men's haircuts, women's haircuts, color, wash & sets, as well as perms. Please see Heidi to schedule an appointment.

Heidi's schedule is as follows:

Oak Lane: Monday 8:00 am - 11:00 am Assisted Living: Wednesday, Thursday &

Friday 8:00 am - 4:00 pm

Shampoo- \$8 Shampoo Set- \$17 Trim - \$5 Haircut-\$12 Perm-\$45 Color-\$40

**ASH WEDNESDAY** 

Ash Wednesday in the Christian church, is the first day of Lent, occurring six and a half weeks before Easter (between February 4 and March 11, depending on the date of Easter). Ash Wednesday is a solemn reminder of human mortality, the need for reconciliation with God, and marks the beginning of the penitential Lenten season. Please join us on February 14th at 8:30 am for a special service by Fr. Brian and receive your ashes.





## Core Value Award



Jack Lichter

**Appreciation**: Recognizing and valuing the inherent qualities of the elderly and each other.

**How long have you worked for St. Monica's?** "1.5 years."

What do you like to do in your spare time?
"I enjoy spending time with my friends and working out."

### What do you like most about working at St. Monica's?

"I love the community members and taking time out to get to know them, I enjoy my coworkers as well."

What are some things on your bucket list?
"My big plans are earning my doctorate and becoming a doctor."

# Community Members of the Month

Da &

**Family:** "Together we have 7 children, 13 grandchildren and 6 great grandchildren."

Early Years & Hobbies: "I crochet, I've done about 17 afghans, I made a lot for my grandchildren. Mostly I was a stay at home mom, someone had to be there!" - Jane "I went to Princeton University. I loved sailing sailboats, we would cruise around Lake Michigan in our boats. I was in the Racine Dairy Statesmen Barbershop Chorus. Jane was a great dancer. I also flew an ultralight airplane for fun and did a lot of wood carving." - Don

Former Career: "I was in the Navy and was appointed NOTC.

The war ended before I could act on that. Later on I became a Supervisor at an electric motor company called Multi

Products." - Don

**Fondest Memory:** "When we went on our honeymoon to Hawaii in 1984. We went to the same school and never knew each other until we met in a widow group years later."



Don and Jane Scheller

## What's Happening?



### Black History Month



Each year, Americans observe Black History Month in February. The month-long celebration honors the accomplishments of African Americans throughout history. Although African Americans have made significant contributions to society in all areas of life, their stories are often left out of the mainstream historical narrative. Black History Month provides an opportunity for all Americans to learn about the unique and important role that black Americans have played in our nation's history. Please join us as we devote the month of February to celebrating and recognizing Black excellence around the world and within our community.

#### Sign up for Outings

Every Friday we have a fun outing, which varies between going out for lunch, dinner, or shopping. If you're interested, make sure to put your name on the sign up sheet that's posted next to the mail boxes.



#### Fat Tuesday Bingo

Please join us on Tuesday, February 13th in the Party Room at 1:30 pm for Big Money Bingo and some fun treats!



Please join us on Wednesday, February 14th at 2:30 pm for a special Valentine's Day party! **Brandon Covelli** will be performing and sweet treats will be provided! We look forward to seeing you there!



#### Special Outings this Month (sign up only)

- Target Shopping:
   Friday, Feb. 2nd at 9:30 am
- Olive Garden: Friday,
   Feb. 9th at 11:00 am
- Goodwill Shopping:
   Friday, Feb. 16th at
   9:30 am
- Douglas Diner: Friday,
   Feb. 23rd at 11:00 am



## OAK LANE NEWSLETTER



## · · · · · · · · love stories of the past · · · · · ·



"Every Valentine's Day we made a big deal about getting each other a special card and a Valentine. We kissed each other every night." - Laurel



"I only knew my husband for 6 weeks and then we got engaged. I offered to drive his Great Aunt to Chicago, and we hit it off from there!" - Vera



"My best memory of my husband, was his cuddles. We also loved to dance the night away at the Eagles Club." - Carol



"I met my husband, George, on a blind date that my good friend, Barb, set up for me. We both went on blind dates the same night! We went to Brusa's for pizza. We both married our dates and I was happily married for 58 years." - Delores

#### **Know Your Rights**

Right to participate in the planning of care and treatment, be fully informed of care and treatment options, and have the right to refuse any form of care or treatment unless the care or treatment has been ordered by a court.

#### February Birthdays

Kim Neubecker 2nd (S)
Tymeika Bolden 5th (S)
Jeanne Peterson 6th (CM)
Marvin Wilson 8th (S)
Mary Ann Kaplan 10th (CM)
James Poulsen 10th (CM)
Faith Wirtz 11th (CM)

Diane Hagemann 16th (CM)

Mark Nielsen 16th (CM)
Tyratta Cole 18th (S)

Shirley Schlichting 18th (CM)

Pauline Holland 19th (CM)

Charisse English 20th (S)

Liliana Ventura 20th (S)

Joe Holbus 22nd (CM)

Dorothy Johnson 23rd (CM)

Sehnia Gray 23rd (S)

Community Member (CM) Staff (S)



#### **Staff Anniversaries**

Deb Mulder 10 years
Sr. Vineeta 6 years
Susan Croak 5 years
Debra Monroe 4 years
Christine Jacobs 4 years
Nancy Venegas 3 years
Addrin Brown 3 years
Pamela Hargrove 2 years
Latasha McCollum 2 years
Barbara Schoeffel 2 years
Phyllis Lester 1 year
Marina Vasquez 1 year



Q O H L O I E N V B L M O J N G A X A L S C H E A R T S S H I C H O C O L A T E C K D N G F N L M K S R L Z I A W S X S T H O D F W V G O F R C C Z K S O X J T E R A X V D S A R H V L S G G E H F L Z E R N T Y V I O H M T D L M E J C D H B R D R M H H A O D W N J Y F A O A C Y U E T W P Y V T D K P M Y P P G A E E Q W O T I P N A R O Y C R F R I E N D S N Q N F O E N T X S X C U P I D E C Z K I S S X E W K Z J P G J E O U Z A K A V Y C B S X K T





#### **Useful Information**

We b site: www.stmonic as senior living.com

Facebook: @stmonicasseniorliving

Twitter: @stmonicasliving

Subscribe: info@stmonicasseniorliving.com

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