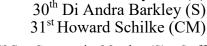
# **Know Your Rights**

As a community member living at St. Monica's you have rights that are protected by the Wisconsin Department of Health and Human Services. This corner will highlight one of your rights each month. The full list was given to you upon moving in to St. Monica's. If you ever feel that any of your rights have been violated, please report this to administration as soon as possible. You have the right to the following:

To have medical and other records kept confidential except as otherwise provided by law.

### **Birthdays**

2<sup>nd</sup> Winifred Winser (CM) 2<sup>nd</sup> Sharlene Birkenstock (CM) 4<sup>th</sup> Barbara Heinicka (CM) 4<sup>th</sup> Alex Torres (S) 6<sup>th</sup> Catherine Harris (S) 10<sup>th</sup> Elaine Kintzler (CM) 13<sup>th</sup> Lisa Corley (S) 15<sup>th</sup> Sharon Mellberg (S) 17<sup>th</sup> Claudia Kohlmann (CM) 18<sup>th</sup> Barbara Rork (CM) 18<sup>th</sup> Janice Livingston (S) 19<sup>th</sup> Diane Shelby (S) 20<sup>th</sup> Valeria Hines (S) 20<sup>th</sup> Zulima Martinez (S) 21st Mary Lee (CM) 26<sup>th</sup> Genevieve Hostak (CM) 27<sup>th</sup> Janet Hanneman (CM) 27<sup>th</sup> Julia Reynoso (S)



#### (CM) = Community Member (S) = Staff

Jose Barreto 8 years Julie Wendorf 5 years Liliana Ventura 3 years Carmen Wendorf 2 years Yaneli Morales 2 years Jennifer Miller 2 years Lisa Lawson 1 year Dana Hall 1 year Tierra Marshall 1 year Deischa Dalton 1 year

Barbara Carodine 1 year

**Staff Anniversaries** 



buds

ladybug

crocus

grass

mud

bugs

tulip

showers

flowers

growth

April

green

# **Useful Information**

Website: www.stmonicasseniorliving.com 3920 N. Green Bay Road Racine, WI 53404

garden

blossom

bees

June

robin

May

Facebook: @stmonicasseniorliving Main: 262-639-5050

Twitter: @stmonicasliving Administrator: Stephany Lichter, RN, MSN

Covid-19 Hotline: 262-383-3303 Subscribe: info@stmonicasseniorliving.com





Celebrate our Nurses!



National Nurses Week May 6 - 12



ISSUE NO. 63 **SPRING** MAY 2022



National Nurses Week honors nurses' contributions and sacrifices, as well as reminds us of their commitment to protecting, promoting, and improving healthcare for all. St. Monica's celebrates nurses and the pivotal role that they play in our Community Members' lives.

The history of Nurses Week started when Dorothy Sutherland of the U.S. Department of Health, Education and Welfare sent a proposal to President Eisenhower in 1953 to proclaim a "Nurse Day" in October of the following year. \* Unfortunately, the proclamation was never made. In February of 1974, a week was designated by the White House as National Nurse Week, and President Nixon issued a proclamation. In 1981, the American Nurses Association and other organizations helped make May 6<sup>th</sup> "National Nurses Day." Furthermore, the International Nurse Council declared "International Nurse Day" on May 12<sup>th</sup> in honor of Florence Nightingale's birthday. Since 1994, National Nurses Week has been celebrated annually from May 6<sup>th</sup> - May 12<sup>th</sup>.

St. Monica's is truly blessed to have such a wonderful and dedicated nursing team. Thank you for all that you do!

# Staying Active

Besides a brief hiatus due to the pandemic, Arlene has been leading exercise classes at St. Monica's for 17 years and is so glad to be back! She has lead many different exercise classes over the years, including Silver Sneakers at Razor Sharp Fitness and the YMCA. Arlene leads exercise at St. Monica's on Friday's at 10:00 AM in the Party Room. Please feel free to join her class, get in some activity, and most importantly, have fun!



# Meet Robby



A Servi Robot has joined the dining team at St. Monica's Senior Living. Created by Bear Robotics, this

robot is an extra set of helping hands that assists by carrying heavy trays, running food out from the kitchen, and bussing tables.

The Community Members agreed on a name for the new team member. "We named it Robby. It is fascinating and entertaining to watch. The gals passing food can get more on a tray. I think it's helpful," said a St. Monica's Community Member.

Bear Robotics is elevating dining experiences by "automating the hard part." The robots are developed to include three tiers to hold up to 66 pounds and efficiently deliver food from the kitchen, while also returning empty trays. The robots' battery life can last up to 12 hours. "Our robots are designed to work alongside humans to help address service challenges while rewarding. simultaneously elevating customer experience. Servi is our I would like to travel more. and dirty dishes between the kitchen and tables in a dining facility," said a company representative.



"Mothers hold their children's hands for a short while, but their hearts forever!"

- Unknown



St. Monica's received a grant from the United Way of Racine County Training and Technology Fund. The St. Monica's received a grant from the United Way grant funded staff education stations, rolling iPad carts for virtual visits, and a network switch overhaul with Wi-Fi upgrade. St. Monica's would like to extend a special thank you to the United Way of Racine County for being such a wonderful community partner!



# HERO WITH **BARBARA CARODINE**

HOW LONG HAVE YOU WORKED FOR ST. MONICA'S?

1 year in Oak Lane.

WHAT DO YOU LIKE TO DO IN YOUR **SPARE TIME?** I enjoy shopping, decorating,

spending time with grand-kids and my family.

# PRIOR TO WORKING AT ST. MONICA'S, WHAT WAS YOUR MOST INTERESTING/FUN JOB?

I was a lead at a Women's shelter. I would help them get back on their feet, find jobs, and make sure they were safe.

### WHAT DO YOU LIKE MOST ABOUT WORKING AT ST.

**MONICA'S?** It's very rewarding. I feel like I am the community members' voice and they depend on me. When they smile it is very

the WHAT ARE SOME THINGS ON YOUR BUCKET LIST?

first mass-produced robot and can WHERE DO YOU SEE YOURSELF IN FIVE YEARS? I see autonomously carry food, drinks, myself doing an office job or being in a supervisory role.



We will never forget about the many brave men & women who have given their lives to protect this great country. We remember all of those who sustained injury in mind or body in the course of their service and we salute all those who have served in the military.

# Oak Lane News



Meet Karla, an Activity Director from Hospice Alliance. She visits Oak Lane once a month to exercise our body and mind. Karla's groups are so much fun and help to keep us active. We sure appreciate her time and the special services that she offers.

# A Friendly Reminder from the Nurses

Please let the nurses know when Community Members have Doctor appointments. We will prepare a current medication list for you to pick up at the Welcome Desk prior to leaving for the



appointment. Please have the physician review the medications and sign the medication list. Then return that form to the nurse on duty after the visit. We will also make a copy of the Office Visit Summary for our records. Thank you for your partnership!

amazonsmile

Did you know that you can support St. Monica's while doing

your Amazon shopping through AmazonSmile? It's true, a percentage from purchases benefit our not-for-profit mission. For more information, please use the address listed below.

# https://smile.amazon.com/ch/39-1137868

(Our name appears as "United States Catholic Conference")



At 10:00 AM, "glamour shot" photographs of community member mothers will be taken. Then at 2:30 PM, we will be celebrating with live music and a refreshing tea party! Please RSVP to sperez@stmonicasseniorliving.com to schedule a video call on Mother's Day!

# **In Loving Memory of:**

# Loretta Gasiorkiewicz



#### **About:**

- 2 children, 1 son and 1 daughter
- 4 grandchildren
- 13 great grandchildren

#### **Former Career:**

Loretta was an Administrative Secretary at Racine Unified School District for 30 years.

### **Early Years & Hobbies:**

- She was President of the UW-Parkside Women's Auxiliary Club.
- Loretta was married for 72 years.
- Her and her husband had a newspaper column in the Journal Times, called the "Plant Doctor."
- She loved to garden, travel, and spend time with her family.
- She also loved to dance to polka music and play tennis.

# **Fondest Memory:**

"Family has always been first and most important to me!"

