

## Year in Review, Continued.

St. Monica's also upgraded two rooms with walk-in showers and plans to update more this coming year.

Stephany Lichter, RN, MSN joined us this year in July and has continued to improve nursing processes for the organization in her short time at St. Monica's. Other improvements include switching to a new pharmacy provider called Health Direct. This coming year, she anticipates implementing a new Nurse Call system to improve call answering times and efficiency.

Joan Windis has continued to teach Dementia classes to the general public and our families. The next class will be February 2<sup>nd</sup> @ 10:00am. She also plans to start a "Support Group for families caring for a loved one with Dementia or Alzheimer's Disease." This will be in collaboration with Patti Poulsen and Jayne Rau from the Memory Care and Hospice Alliance.

St. Monica's continues to provide up-to-date education classes for all staff. A new class was added called "Dementia Live" in addition to the 15 hours of mandated education all staff receive each year.

St. Monica's participated in the 4<sup>th</sup> of July parade with a float for the first time and were the only assisted living facility that had a float. We also participated in the Racine Christmas parade keeping us visible as an organization and providing entertainment for many community members.

If you have ideas on new activities or changes that you would like to see, please contact me. You can find my office on the West side of the main elevator or call me at 262-321-7131. We encourage your ideas and participation to continue making St. Monica's the best!



## Year in Review: 2018

By Loretta Baxter, Administrator

2018 was a busy year as we adjusted to our newly renovated building and new Memory Care. All of us have enjoyed the new chapel and the new entrance along with the new coffee area and outdoor patio. The Memory Care Wing community members and staff have settled in and are accustomed to their new home. In August, Patti Poulsen joined us as the new Memory Care manager. She brings many years of experience in the Assisted Living environment and Memory Care. Another joyful addition is the two Sisters of the Holy Spirit, an Augustinian order from India, Sr. Vineeta and Sr. Karuna who both work in the Memory Care. Their compassionate care is evident every day and we are pleased to have them join us.

St. Monica's has obtained the "Best of Racine" for the 3<sup>rd</sup> year in a row and continues to be a facility of choice for many looking for an outstanding supportive living community.

The Assisted Living side continues to update our facility. This past year Mirsad Aslani, Maintenance Supervisor replaced our lighting with new LED lighting units. The new lighting is superior and more efficient and easier on our energy bills.

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## Timber!



Many of you have noticed that we are taking down trees on the west side of our campus, behind the gazebo area. We have two fantastic volunteers, Larry Zabel and Dan DeBaker who are our lumberjacks.

How did this come about? In the last couple of years, the deadly Emerald Green Ash Borer has devastated the ash trees in S. E. Wisconsin. We have over 50 ash trees on our property and have determined that at least 42 have to be taken down. As you can imagine, the cost is quite expensive, so Larry and Dan said they would take some trees down in their spare time.

Larry is retired, but was a plant manager for Eckmann Custom Products. Larry is married and has two sons. He also has three granddaughters who are the delight of his life.

Dan is retired and is on our Board of Directors. He is married and has five children, 4 boys and a girl. He also dotes on his 11 grandchildren.

It will be months and months before all the trees are taken down. We plan on replanting starting this spring.

The side walk is still open for those of you who enjoy walking outside, but for safety reasons, please not when a tree is being taken down.



## St. Monica's Welcomes our New Community Members Harvey & Virginia Mauer



Wow, look at our newest community members, Virginia and Harvey Mauer. These two have lived their lives in Racine.

They have been married for 68 years! They were set up on a blind date by a friend of Harvey's who worked with Virginia. They

had their first date at a dance at the VFW club and one year later they were engaged to be married. They have three children, Steven, David and Linda, who all live in the Racine area. They also have five grandchildren.

Harvey worked as a computer technician and retired after 39 years from National Cash Register (NCR). He enjoyed his work and enjoyed his home life taking care of his home. Virginia calls him "Mr. Fixit."



Virginia worked for Racine Unified where she managed the Horlick cafeteria for eight years before her retirement. Virginia is an active card player, including sheephead and bridge. She loves to exercise and was a member of three different golf leagues.

Both Harvey and Virginia enjoy traveling. Some of their visits included Germany, England, Netherlands and Hawaii. They also enjoyed camping.

Let's welcome Harvey and Virginia to St. Monica's!



Happy Hour has become very popular so our friend Kenny will be sponsoring our 1<sup>st</sup> Friday happy hour. If you like great songs and a beverage please join us in the party room @ 2:30 every 1<sup>st</sup> Friday of the month.

## *Dementia Support Group*

We are pleased to announce that we will be sponsoring a dementia support group for family members. We have listened to your concerns about what the future holds, lost or bewildered, we feel we can be of assistance to our family members. In partnership with Hospice Alliance we are going to sponsor a Dementia Support Group to all our family members, friends and concerned parties. These sessions will be held on the 1<sup>st</sup> Tuesday of every month, starting in February, at 6:00pm. Our Dementia Trainer, Joan Windis and JoAnn Brown from Hospice Alliance will be the facilitators for this program. We are here to listen and for you to interact with others who are going through some of the same circumstances.

**For questions or to reserve your seat please call 321-7138.**



## *"Moonlight Serenade"* *St. Monica's Annual Winter Dance.*

Our annual winter dance is this month and we are already preparing for it. This year's gala event will be bigger and better than ever.

Our music is provided by the fabulous "Men in Black," a five piece band playing our favorite dance numbers. We'll have transformed our party room into a ballroom, complete with photo opportunities. There will be tasty tidbits and sparkling refreshments available.

**Our dance is Friday, January 25<sup>th</sup> @ 6:00pm.**  
**Please invite your family and friends to attend this sparkling affair. If you wish to reserve a table please call 321-7135** and tell us how many in your party. Our band will take requests so bring the song titles of your favorite dances or tell us ahead of time and we'll request it for you. We hope to see you all there!



Our Nurses remind us to please cover those pesky coughs and sneezes. If you don't feel well please let the nurses know. We should also keep washing our hands whenever possible. There are also many sanitizers placed around the building.

## Caught You Caring.....



Jaliin Collier was caught going above and beyond with his help and caring for our community members. He always has something nice to say, and his smile lights up the room. Jaliin has been a member of St. Monica's Caregiver's team for 16 months. He enjoys his team and our community members stories are inspiring to him. In his spare time he likes to draw and do ceramic work. He also likes a lot of sports.

**Congratulations Jaliin!!!**

## Caring Memories

It has been over a year since we opened our doors to our new wing of memory care. We have fine-tuned our care and have learned to love each individual we care for.

What we really have come to appreciate is the sharing and caring we experience from other community members. Members such as Nancy who shares her talent on the piano and plays for them at least twice a week. Or Jeff, who takes the time to visit with old friends and talk about their memories. We have board members, old and new, who make time in their busy schedules to visit, go on outings, bring their pets all for others to enjoy. Not just for these few, but for all who share your lives with us, we extend a heartfelt thank you and bless you!

## Upcoming attractions for 2019!

**(Mark you calendars ahead of time)**

Friday, January 25<sup>th</sup> – Winter Dance 6:00pm - 8:00pm

Thursday, February 14<sup>th</sup> – Valentine's Day Dance 2:00pm – 4:30pm

Tuesday, March 5<sup>th</sup> – Mardi Gras Celebration 4:00pm – 6:00pm

Saturday, April 13<sup>th</sup> – Family Easter Egg Hunt 1:00pm - 3pm

Friday, April 19<sup>th</sup> – Passion Play 10:30am

Wednesday, April 24<sup>th</sup> – Health Fair 10:00am – 1:30 pm

Friday, May 24<sup>th</sup> – Memorial Day Program 1:00pm

Friday, June 21<sup>st</sup> – Summer Gala/Art Fair 5:00pm – 8:00pm

Thursday, July 4<sup>th</sup> – Float Entry for parade

Sunday, August 11<sup>th</sup> – Family picnic 11:00am – 3:00pm

Wednesday, August 14<sup>th</sup> – Senior Olympics 9:30 – 2:30pm

Tuesday, September 3<sup>rd</sup> – Classic Car Show 4:00pm – 6:30pm

Thursday, September 19<sup>th</sup> – Golf Outing and Dinner







Friday, October 4<sup>th</sup> – Oktoberfest 4:00pm – 6:00pm



Saturday, November 16<sup>th</sup> – Craft Fair 10:00am – 3:00pm

Sunday, December 16<sup>th</sup> – Christmas Party 1:00pm – 3:00pm

Tuesday, December 31<sup>st</sup> – NYE Bash – 6:00pm – 8:00pm

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday

		<p>1 8:30 Mass <b>9:30 Exercise</b> 10:30 Reminisce <b>1:00 Bingo</b> 2:30 Myrasized <b>3:30 Dice Games</b> 5:30 Dominos</p> 	<p>2 <b>9:00 Sheepshead</b> 9:30 Balloon Fun <b>10:30 Beading</b> 1:30 Prayer Shawl <b>2:30 Dan Nauman Performs</b> <b>6:00 Bingo with Kathi</b></p>	<p>3 <b>9:00 Nails</b> 10:30 DVD Church <b>1:00 Bingo</b> 2:30 Egg nog shakes <b>5:30 George H. Bush Documentary</b></p>	<p>4 <b>9:30 Exercise</b> 10:30 Bible Stories <b>11:00 Piano/Jana</b> 1:00 Current Events <b>2:30 Happy Hour with Kenny</b> 3:00 Adoration</p>	<p>5 9:30 Exercise <b>10:30 Shut Box</b> 1:00 Word games with Sharon <b>2:30 Craft Club</b> 4:00 Fatima Rsry <b>6:00 Movie and Snack Time</b></p>
<p>6 <b>Epiphany</b>  <b>8:30 Mass</b> 10:00 Ballon Blast with Yeti <b>1:00 Stories w/Josie</b> 3:00 Trivia Hour</p>	<p>7 9:30 Exercise <b>10:30 Faith Share</b> 1:00 Bowling <b>2:30 Water Color Painting</b> 3:30 Big Band Records <b>5:30 Dominos</b></p>	<p>8 9:00 Snow flake craft <b>9:00 Shopko</b> 10:30 Reminisce <b>1:00 Bingo</b> 2:30 Myrasized <b>3:30 Time Slips</b> 5:30 UNO cards</p>	<p>9 <b>9:00 Sheepshead</b> 9:30 Balloon Fun <b>10:30 Scrap Bookin</b> <b>1:00 Music Bingo</b> <b>1:30 Prayer Shawl</b> 3:00 Kerplunk <b>6:00 Bingo w/Kathi</b></p>	<p>10 <b>9:00 Nails</b> 10:30 Methodist Service <b>1:00 Bingo</b> 2:30 Wheel of Fortune <b>3:30 Hot cocoa</b> 5:30 Movie night – Dan’s Pick</p>	<p>11 <b>9:30 Exercise</b> 10:30 Bible Stories <b>11:00 Piano/Jana</b> 1:00 Current Events <b>2:30 Happy Hour – Wine and Cheese</b></p>	<p>12 <b>9:30 Exercise</b> 10:30 Card Games <b>1:00 Brad Campbell Performs</b> 3:30 Visit with Sharon <b>6:00 Movie and Snack Time</b></p> 
<p>13 <b>8:30 Mass</b> 10:00 Kick Ball <b>1:00 SMBTL Bingo</b> 3:00 Music with Pietta</p>	<p>14 9:30 Exercise <b>10:30 Faith Share</b> 1:00 Bowling <b>2:30 Craft Club</b> 3:45 Visit your Neighbor <b>5:30 Dominos</b></p>	<p>15 <b>9:00 Painting</b> 10:30 Reminisce <b>1:00 Bingo</b> <b>2:30 Charlie plays the piano</b> 5:30 Checks club</p> 	<p>16 <b>9:00 Sheepshead</b> 9:30 Balloon Fun <b>10:30 Giant Crossword</b> 1:30 Prayer Shawl <b>2:30 Bill’s Back!!!</b> 3:30 Dakim Time <b>5:30 Bingo w/Kathi</b></p>	<p>17 <b>9:00 Nails</b> 10:30 Lutheran Service <b>1:00 Bingo</b> 2:30 Chair Yoga <b>3:30 Bible Study</b> 5:30 Game Night</p>	<p>18 9:30 Exercise 10:30 Bible Stories <b>11:00 Piano/Jana</b> 1: Current Events <b>12:30 Cookin’ w/ Donna</b> 2:30 Happy Hour – dips &amp; chips</p>	<p>19 9:30 Exercise 10:30 Name 5 <b>1:00 Bob &amp; Mary Bingo Fun</b> <b>2:00 Five piece brass entertains</b></p> 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 <b>8:30 Mass</b> 10:00 Game time <b>1:00 Bingo w/ the Sunshine Club</b> 2:30 Hot fudge ice-cream social 	21 9:30 Exercise <b>10:30 Faith Share</b> 1:00 Bowling <b>2:30 Stories with Jessie</b> 3:30 Brain Fitness <b>5:30 Dominos</b>	22 9:00 Painting <b>9:00 Movie Outing</b> 10:30 Reminisce <b>1: Bingo w/Judy</b> <b>2:30 Salvation Army</b> 3:30 Coloring/Lucy <b>5:30 Card Games</b>	23 <b>9:00 Sheepshead</b> 9:30 Balloon Fun <b>10:30 Horse Racing w/Rojean</b> 1:30 Prayer Shawl <b>2:30 Kathy and her accordion</b> <b>6: Bingo w/Kathi</b>	24 <b>9:00 Nails</b> 10:30 Methodist Service <b>1:00 Bingo</b> 2:30 Baking Club <b>3:30 Sing-a-long</b> 5:30 Movie Night	25 <b>9:30 Exercise</b> 10:30 Bible Stories <b>11:00 Piano/Jana</b> 1:00 Current Events <b>6:00 Winter Formal</b> 	26 9:30 Exercise <b>10:30 Shut Box</b> 1:00 Beading Club <b>2:30 Root Beer Floats</b> 6:00 Movie and Snack Time
27 8:30 Mass <b>10:00 Café time</b> 1:00 Table Games <b>3:00 Kick Ball</b>	28 9:30 Exercise <b>10:30 Faith Share</b> 1:00 Putting <b>2:30 Gilbert Performs and refreshments too</b> 5:30 Checkers Club	29 9:00 Painting <b>9:00 Dollar Store</b> 10:30 Reminisce <b>1:00 Bingo</b> 2:30 Myrasized <b>3:30 Penny ante</b> 5:30 Knock Out	30 <b>9:00 Sheepshead</b> 9:30 Balloon Fun <b>10:30 Bean Bag</b> 1:30 Prayer Shawl <b>2:00 Time Slips</b> 3:30 Social Hour <b>6: Bingo w/Kathi</b>	31 <b>9:00 Nails</b> 10:30 DVD Church <b>1:00 Bingo</b> <b>2:30 Charlie Plays &amp; treats</b> 5:30 Movie Night	<u><b>Daily</b></u> 8:30 Mass 9:00 Coffee 10: Game Shows 10:30 Gen. Store 4:00 Rosary 6:00 Cards	<u><b>Anytime Activities</b></u>  Dakim Computer Puzzle Making Libraries Internet Music Serenity

## January Birthdays

### Community Members

Cathy Brook 1/1  
 Mary Barrows 1/2  
 Patricia Oster 1/3  
 Rita Barth 1/5  
 Beverly Hagen 1/7  
 Ann Budrys 1/8  
 Donald Klein 1/14  
 Doris Zimmerman 1/16  
 Kathleen LeRoux 1/27  
 Shirley Bouwens 1/31



### Staff

Tara Ramcke 1/7  
 Sr. Angelica 1/11  
 AnneMarie Steensen 1/14  
 Cynthia Hossli 1/17  
 Kendalyn Schram 1/7  
 Krystal Canady 1/18  
 Casey Hoover 1/20  
 Leah Varebrook 1/23  
 Dana Petit 1/26  
 Erica Nelson 1/28  
 Tamela Williams 1/29

## Religious Services

### **Catholic –**

Mass @ 8:30 every morning  
 Rosary @ 4:00 every afternonn

### **Racine Bible DVD Church Service -**

10:30 1<sup>st</sup> and 5<sup>th</sup> Thursday of the month

### **Lutheran Service -**

10:30, 3<sup>rd</sup> Thursday of the month

### **Methodist Service -**

10:30, 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month

